



PRIMEFARE CENTRAL REGIONAL SCIENTIFIC SYMPOSIUM

October 13-14,2023 |Tulsa OK

Orthotics, Friday 10/13/23

7-8a **Registration
Breakfast, Exhibit Hall**

8a-10a **Contracture Management**

Contractures can be acquired in numerous patient populations through a variety of means. Understanding the difference between orthopedic, neurological or mixed contractures is critical in helping patients manage those contractures. This course discusses the various origins of contractures and then presents clear and concise evidence-based protocols to reverse contractures and restore functional ROM.

Upon completion of this course, the course attendee will be able to

- Describe the difference in contractures between orthopedic, neurological or mixed
- Describe management techniques relating to the different categories of contractures
- Utilize progression techniques to maximize the effectiveness of the intervention
- Maintain documentation to validate outcomes

Presented by: Robert Meier, CO, Allard USA

10-10:30a **Break, Exhibit Hall**

10:30a-12 **Lower Extremity Product Selection Guidelines for Children with Neuromuscular Disorders**

There is a huge array of orthotic options available to help manage lower extremity dysfunctions

in the pediatric population. Knowing which level of orthotic intervention is supported in

research for which level of dysfunction can be a daunting task. The goal of this program is to

demystify the selection process by presenting published data to provide guidance that is both timely and practical.

Presented by: Robert Meier, CO, Allard USA

12-1p **Lunch, Exhibit Hall**

1-3p **Clinical Solutions and Evidence-Based Guidelines for Persons with Partial Foot Amputations**

This course will provide ABC and BOC Certified Orthotic Practitioners, Orthotic Assistants, Fitters, and Technicians with evidence-based clinical solutions and guidelines for patients who present with partial foot amputations. The presenter will review updated CDC prevalence data, key factors that influence safe stance phase of gait, as well as critical considerations for ankle, knee, and hip kinetics to reduce shearing forces along the distal residual limb during the propulsive phase of gait. Additionally, recommendations for negative limb capture, proper alignment, use of composite materials, and design of prosthesis will be discussed.

Presented by: Liz Hillen, M.Ed., CPO, LPO, Clinical Marketing Consultant III, Southern Prosthetic Supplies

3-3:30p **Break, Exhibit Hall**

3:30-5:30 **Advanced Lower Extremity Orthotic Solutions for Optimal Patient Outcomes**

Current technologies, materials, and designs” course will provide ABC Certified Orthotic Practitioners, Orthotic Assistants and Technicians with advanced clinical orthotic solutions and unique design options for patients who present with various lower extremity clinical pathologies, muscular paresis or paralysis. The presenter will review the unique designs and material sciences behind more dynamic AFOs and KAFOs, Stance Control solutions, innovative bars and joints options, as well as Functional Electrical Stimulation protocols, all with a focus of improving gait biomechanics, reducing energy expenditure, and improving quality of life, while advancing activities of daily living.

Presented by: Liz Hillen, M.Ed., CPO, LPO, Clinical Marketing Consultant III, Southern Prosthetic Supplies

Orthotics, Saturday October 14

7-8a **Breakfast, Exhibit Hall**

8a-10a **Comparative Analysis of Brace Designs and Methods in Scoliosis**

This course focuses on variations in brace design and approach. The presentation includes a historical perspective on the evolution of treatment methodologies, and the progression to current brace designs. In-depth analysis of variations in modern bracing methods will be discussed, along with findings presented in past and recent literature. This course includes time for group discussion and debate.

Presented by: David Collins Spinal Tech, CO Clinical Development Executive

10-10:30a **Break, Exhibit Hall**

10:30-12 **Introduction to Innovative and Multiplanar Controlled Carbon Fiber AFOs and Other**

Novel Clinical Solutions

1) The AFO1 FreeFlow is a posterior design carbon AFO, 2) The AFO1 Glide is an anterior design carbon AFO, and 3) The Helix Band is available for both the posterior and anterior design and truly expands the patient population appropriate for a custom fit carbon device by dynamically influencing the position of the midfoot and calcaneus to control either varus or valgus instability through the entire gait cycle.

Presented by: Greg Steward, MS/CPO, Clinical Education Manager, Elevate Movement

12 Noon-Meeting Concludes



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Prosthetics, Friday 10/13/23

7-8a **Registration
Breakfast In the Exhibit Hall**

- 8a-9a** **Micro-processor Knees: A Conversation**
Review of SPS's MPK Comparison Chart of 8 MPKs and utilize it to discuss specifications, similar and/or unique attributes. Discuss Why, Who or When each are utilized in the field.
Presented by: Sam Brouillette, CP, CFo, SPS
- 9a-10a** **Upper Extremity for The Average Clinician**
Course is designed to give clinicians the understanding of the many options and solutions of fitting patients with absence of whole or part of their upper extremity. Evaluation, testing, training techniques of today's highly functioning myo electric devices and available standard conventional devices will be covered. Utilize industry standard, new technologies and/or myo tester and outcome measures to optimize myo electric patient's outcomes. Learn ways to improve outcomes through partnership with Occupational Therapists.
Sam Brouillette, CP, Cfo, SPS
- 10:00-10:30** **Break Exhibit Hall**
- 10:30-12** **Quattro MPK Overview**
Discover the Quattro's MPK technology and how it provides an entirely new walking experience for your patient. We will discuss the unique features and benefits, ease of programming, and adjustments using the GaitLab and Freedom Innovations apps.
Presented by: Jordan Adkins, Senior Clinical Prosthetist, PROTEOR
- 12-1pm** **Lunch Exhibit Hall**
- 1-2pm** **Kinnex 2.0**
Take an in depth look at PROTEOR USA's Kinnex 2.0 Microprocessor Ankle/Foot System including product features and clinical benefits. Learn about the revolutionary performance made possible by Kinnex 2.0's innovative RapidResponse™ technology. Demonstration of both the programming app and patient app, showcasing the ease of functionality. Learn how to fit, align, program and fine tune the Kinnex 2.0 to meet your patient's needs.
Presented by: Jordan Adkins, Senior Clinical Prosthetist, PROTEOR
- 2p-3p** **Research on Early Ambulation and the Psychological and Physiological Benefits**
Early ambulation after amputation can provide important benefits for persons with limb loss that are both psychological and physiological. The latest prosthetic technologies feature immediate fitting capabilities that help expedite the rehabilitation process. Getting persons up walking earlier has been shown to promote blood flow, maintain muscle tone and strength, and aid in joint

flexibility. Walking soon after amputation can facilitate feelings of independence, improved mood and self-esteem. This lecture will also discuss case studies where the iFIT system has played a role in wound healing and improving skin condition on the residual limb after amputation. Several case studies will also be presented where challenging limbs that cannot be accommodated by conventional prosthetic techniques were fit successfully with the iFIT system.

Presented by: Joshua Mullins, Vice President Business Development, Ifit Prosthetics

3-3:30 Break, Exhibit Hall

3:30-4:30 Improving Outcomes for Finger & Thumb Amputations

Epidemiology of partial hand amputations
Impact of partial hand amputation
Prosthetic options for partial hand amputations
Best candidates for Point Designs devices
Brief product & fab overview

Presented by: Jason Vardeman, Head of Business Development, W. Region, Point Designs

4:30-5:30p Fabrication Techniques

Presentation will cover plastic pulling and advice on how to deal with and resolve fabrication issues.

Presented by: Daniel Hickey Bulldog Tools

Prosthetics, Saturday, 10/14/23

7a-8a Breakfast Exhibit Hall

8a-9a BioStep Analysis

Discussion of ALPS new BioStep prosthetic feet line focusing on patients' clinicals, lifestyle and goals to determine and fit the most effective solutions.

Presented by: Nick Nelson, SE Territory Manager & Distribution Relations Manager, ALPS

9a-10a The Growing Family of META® Feet; New Solutions for Your Patients and Practice

The META® family is the new line of high activity prosthetic feet by WillowWood. All META® feet incorporate the META-Unibody platform® in carbon - engineered to provide ultra lightweight durability and 95%+ energy return. META® Core is at the heart of the META® lineup, offering a sleek, low profile design with excellent energy return. The META® Arc

features a biomimetic polycentric ankle that replicates anatomical function and ensures stabilization for all terrain balance and safety. The META® Shock uses Multi-Phase technology to absorb impact for a soft landing, and Shock X combines the multi-phase vertical shock absorption with torsional rotation.

WillowWood now offers the META® Shock X with a fiberglass unibody platform; providing users with the key attributes of the META® Shock X with added durability and ground compliance for an all-around comfortable experience.

Presented by: Kevin Bidwell, CP BOCO Willowwood

10a-10:30a **Break Exhibit Hall**

10:30-12 **Willowwood, cont.**

12 Noon-Meeting Concludes



PRIMEFARE CENTRAL REGIONAL SCIENTIFIC SYMPOSIUM October 13-14,2023 |Tulsa OK

Administrative/Management Friday, October 13

****Friday Administrative Track Presented by O&P Insight***

7a–8a **Breakfast and Registration**

8a-10a **Contracting and Fee Transparency** – We will discuss the importance of understanding contracts, utilization, negotiations, and fee schedules. In addition, we review fee transparency and data that is now available to providers.

Claim Scrubs – The most effective way to prepare for and succeed in an audit is to treat every claim like it's going to be audited before the item is even delivered. This begins at intake. A thorough intake, documentation, policy-review and delivery process are key to a successful audit.

10a-10:30a **Break-Exhibit Hall**

10:30a-12p **Audit and Appeal Strategies**

Know Your Auditor – We'll review the most common auditing entities (primarily within the Medicare realm). Spoiler: Not all Medicare audits are the same. Medicaid and Private Payer audits have increased significantly.

Current Audits – Some of the types of audits we're seeing concerning O&P and our expert opinions on why they're happening and how you can be prepared for them. This section will include a handful of examples from practices in the industry.

Documentation Reviews and Internal Audits – Understanding the required elements of physician notes and practitioner notes is essential. During this session we will discuss important elements of clinical documentation. In addition, we will discuss the importance of internal audits.

12:p-1p

Lunch-Exhibit Hall

1p-3p

How to Get Same or Similar, Replacements and Repair Claims Paid

In an effort to address the rising issue of fraud and abuse concerning the dispensing of off-the-shelf orthoses nationwide; the DME MACs are continuously implementing more system edits to deny claims for orthoses billed within the reasonable useful lifetime of any previously billed orthosis. This webinar will address the most common reasons for denial due to same and similar and replacement items as well as our recommendations for appealing them.

Resources – It's nearly impossible to know everything about every payer and every policy, but knowing where to find the information needed is critical for success. We'll highlight some of key resources for finding the answers to the most common audit questions.

3p-3:30p

Break-Exhibit Hall

3:30-5:45p

Trends in O&P: Medicare and Private Payers

During this session we will discuss the most current/recent issues seen in Medicare and private payers that are plaguing O&P Suppliers and what they need to know about it. Standing topics that we predict will continue to be an issue in 2023 include, Same/Similar claim denials, unbundling with lower limb prosthetics and upper extremity prosthetics, documentation of custom fabrication, coding reviews and custom fitted vs OTS orthoses.

Administrative/Management

Saturday October 14th

7a-8a

Breakfast-Exhibit Hall

8a-10a

2023: Facility Accreditation Standards: Making Sure You're Compliant

Learn how you can remain compliant with Medicare and ABC standards throughout the year. Learn best business practices to keep your facility and staff on the top of their game and ready for any challenges. We'll also discuss how ABC's extensive set of accreditation resources will help you perform at your best.

Presented by: Jim Lawson, Director of Outreach, ABC

10a-10:30a

Break-Exhibit Hall